

# Mental Health Resources

## Georgia Crisis Hotlines

- Georgia Crisis & Access Line: 1-800-715-4225
- Peer2Peer Warm Line: 1-888-945-1414
- GA CARES Warm Line: 1-844-326-5400
- The Crisis Text Line serves anyone, in any type of crisis, providing access to free, 24/7 support and information via texting. Text START to 741-741 from anywhere in the USA, anytime, about any type of crisis.

## Suicide Prevention

- The National Suicide Prevention Lifeline - <https://suicidepreventionlifeline.org/> - The Lifeline provides 24/7, free and confidential support for those in distress - 1-800-273-8255.
- 36 Online Suicide Prevention Resources - <https://thesummitwellnessgroup.com/resources/suicide-prevention/> - Atlanta-based guides which feature 36 suicide prevention resources, 30 overdose prevention resources, and much more.
- Stop a Suicide Today - <https://stopasuicide.org/> - An advocacy organization that features educational suicide prevention materials, articles, and other resources.

## Addiction Resources

- InTheRooms.com - <https://www.intherooms.com/home/> - Resource for finding virtual AA and NA meetings 24/7.
- National Institute on Drug Abuse - <https://www.drugabuse.gov/publications/principles-drug-addiction-treatment-research-based-guide-third-edition/frequently-asked-questions/where-can-family-members-go-information-treatment> - Helpful suggestions and resources on finding addiction treatment centers for friends or family members struggling with addiction.
- The Summit Wellness Group - <https://thesummitwellnessgroup.com/> - Local Atlanta-based addiction and mental health resource that provides support, referrals, and specialized care to students. Available via phone at 770-692-2052 or online via their website.
- SAMHSA's Treatment Locator - <https://findtreatment.samhsa.gov/> - Resource for finding treatment facilities confidentially and anonymously.